

Baby Checklist

Due date: _____ **Ready by:** _____

Everything a newborn needs before the birth, with the feeding section written for breast and bottle.

Nursery	Got it	2nd hand
Crib or cot with a firm mattress	☐	☐
Two or three fitted crib sheets	☐	☐
Waterproof mattress protector	☐	☐
Baby monitor	☐	☐
Blackout curtain or blind	☐	☐
Changing table or a dresser top	☐	☐
Nightlight or a dimmable lamp	☐	☐
Laundry basket for small clothes	☐	☐
Room thermometer	☐	☐
	☐	☐

Feeding (breast and bottle)	Got it	2nd hand
Bottles, four, and teats	☐	☐
Steriliser and bottle brush	☐	☐
Nursing bra and nursing pads	☐	☐
Nipple cream	☐	☐
Breast pump and milk storage bags	☐	☐
First-stage formula	☐	☐
Muslin cloths for burping	☐	☐
Nursing pillow	☐	☐
	☐	☐

Changing	Got it	2nd hand
Newborn nappies, one pack, not ten	☐	☐
Size two nappies for later	☐	☐
Wipes, or cotton wool and a bowl	☐	☐
Barrier cream	☐	☐
Changing mat	☐	☐
Fold-up changing mat for the bag	☐	☐
Nappy bin or scented sacks	☐	☐
Hand sanitiser by the mat	☐	☐
	☐	☐

Still to buy, borrow or ask for

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Clothing	Got it	2nd hand
Bodysuits, short and long sleeve	☐	☐
Sleepsuits, six to eight	☐	☐
Cardigan or a light jacket	☐	☐
Hat for the weather	☐	☐
Socks and scratch mittens	☐	☐
Swaddles or sleeping bags, two	☐	☐
Bibs	☐	☐
Snowsuit if the baby arrives in winter	☐	☐
	☐	☐

Bath	Got it	2nd hand
Baby bath or a bath support	☐	☐
Two hooded towels	☐	☐
Soft washcloths	☐	☐
Unscented baby wash	☐	☐
Baby nail scissors or a file	☐	☐
Soft hairbrush	☐	☐
	☐	☐

Health	Got it	2nd hand
Digital thermometer	☐	☐
Infant pain relief, ask the pharmacist	☐	☐
Saline drops and a nasal aspirator	☐	☐
Cotton wool for cord care	☐	☐
First aid kit	☐	☐
Health record book	☐	☐
Doctor's number on the fridge	☐	☐
	☐	☐

Going out	Got it	2nd hand
Car seat, fitted and checked	☐	☐
Stroller or pram with a rain cover	☐	☐
Baby carrier or sling	☐	☐
Changing bag, packed	☐	☐
Two spare outfits kept in the bag	☐	☐
Sunshade for the car window	☐	☐
Pram blanket	☐	☐
	☐	☐

Notes