

Emergency Contact List

Home address: _____

Home phone: _____

Cell phones: _____

Emergency services	Phone
Police / fire / ambulance	
Police, non-emergency	
Poison control	
Nearest hospital or ER	

School, childcare & work	Phone

Doctors & health	Phone
Doctor	
Pediatrician	
Dentist	
Pharmacy	
Health insurance	

Home & insurance	Phone
Home insurance	
Car insurance	
Landlord / building manager	
Plumber	
Electrician	

Family & emergency contacts	Phone

Utilities	Phone
Gas	
Electricity	
Water	
Internet / phone	

Neighbors & friends	Phone

Pets	Phone
Veterinarian	
Emergency vet	
Pet sitter or kennel	

Notes for a sitter or caregiver

--