

Grocery Budget Tracker

A week of shops on one page, with the running total next to the limit you set yourself.

Week beginning: _____ Limit: _____ People fed: _____

Day	Date	Where I shopped	What for	Spent	Running total	Left of limit
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

Top-ups, takeaways and anything else that came out of the food money

Date	Where	What for	Amount

The week in total	Amount
Limit for the week	
Total spent	
Under or over the limit	
Carried to next week	

What to change next week

Add each shop to the running total as you get home, and write what is left of the limit beside it. The number in that last column is what decides Thursday's shop.